

# **Dry Slope Skiing**



## About the activity

Our dry ski slope at Barton Hall in Devon offers pupils the chance to learn or develop their ski skills in a controlled learning environment under the tuition of qualified instructors. As it's a specialist activity, dry slope skiing is offered only as an optional extra and has an additional cost attached. If you are interested please call us for further details.

# **Activity aims**

## The aim of this activity is to:

- Introduce the skill of skiing and the necessary equipment.
- Allow each participant to experience skiing.
- Encourage the participants to set goals.
- Ensure participants support and encourage each other to achieve those goals.
- Provide an opportunity for participants to discuss what they have accomplished.

## **Progression opportunities**

#### Some participants may also:

- Improve the quality and consistency of their skiing technique.
- Take the initiative in evaluating their performance and that of the group.

#### In addition, participants should also have developed in the following:

- Interpersonal communication
- Using initiative

## **Learning outcomes**

## Upon completion of the activity, participants will have:

- Experienced descending a ski slope safely under supervision.
- Used specialist equipment and understood its purpose and name.
- Demonstrated the ability to listen to, understand and act on instructions received.
- Supported their peers throughout the activity and recognised achievements.
- Developed an understanding of associated hazards, been able to assess risks and understood how these may be controlled.
- Contributed to a post-activity review led by the instructor identifying what they did
  well and then suggested ways to improve.

## **Associated vocabulary**

Words relevant to safety	e.g. hazard, risk assessment, safety area.
Words relevant to equipment	e.g. skis, ski boots, ski slope, helmet.
Words relevant to the activity	e.g. skiing, snowplow, gravity, slope, control, balance.
Words relevant to teamwork	e.g. achievement, challenge by choice, communication, encouragement, listening, participation, review, support, trust.